



**Living in Spiritual Freedom**  
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Why would we ask God to not do something he already said he wouldn't do? In the Lord's Prayer we come to where Jesus prayed, "Lead us not into temptation but deliver us from the evil one." What does that really mean?

*And do not bring us into temptation, but deliver us from the evil one.*  
Matthew 6:13 (CSB)

**1. "Lead us not into temptation" Matt 6:13 (NIV)**

*When tempted, no one should say, "God is tempting me." For God cannot be tempted by evil, nor does he tempt anyone; but each person is tempted when they are dragged away by their own evil desire and enticed. Then after desire has conceived, it gives birth to sin; and sin, when it is full grown, gives birth to death.* James 1:13-15 (CSB)

*Consider it a great joy, my brothers and sisters, whenever you experience various trials, because you know that the testing of your faith produces endurance.* James 1:2-3 (CSB)

Trials/testing have a desired outcome of building you up.

Temptation has a desired outcome of tearing you down.

**2. "But deliver us from the evil one" Matthew 6:13 (CSB)**

It's not about exemption from evil but intervention in evil!

*I have told you these things, so that in me you may have peace. In this world you will have trouble. But take heart! I have overcome the world.* John 16:33 (NIV)

*My prayer is not that you take them out of the world but that you protect them from the evil one.* John 17:15 (NIV)

What Can We Do in The Midst of Trials and Temptation?

**1. Pray in the midst of temptation**

Hebrews 4:15

Practice does not make perfect but does make you better.

**2. Flee! A good run is better than a bad fall**

Proverbs 7

**3. Remind yourself that sin has consequences**

Galatians 6:7

Discussion Questions:

- Where is the evil one tempting you in this season?
- What does it look like to depend on God to carry you through times of testing, to give you strength when weak and when tempted, and to deliver you from the evil one?
- What might stop you from making this prayer your own?